

APPETIZERS & BITES

CHICKEN SHOTS

Bite-sized chicken breast lightly breaded and tossed in our honey whiskey glaze 10

ARTICHOKE DIP

Artichoke hearts, sundried tomatoes, bell pepper, garlic & smoked gouda 11

STUFFED MUSHROOMS

Mixture of peppers, onions, garlic, spinach, goat cheese bread crumbs, parmesan 10

WEE BURGERS

Bistro sauce, smoked tomato jam, sharp cheddar, pickled crispy banana peppers 10 | **ADD ONE BURGER 3.50**

TOMATO SOUP

Creamy tomato basil soup, croutons, cheddar cheese
Cup 3.75 | Bowl 6

CORNER BEEF POUTINE

Fries, pulled corned beef, cheese curds, pickles, whiskey peppercorn sauce 10

PUB PRETZELS

Tillamook cheddar cheese sauce & spicy mustard 10 | **ADD ONE PRETZEL 2.75**

GOUDA FRIES

Beer battered gouda, with Sambal tomato sauce 10

ROASTED GARLIC HUMMUS

Dukka, olive oil, grilled naan, ciabatta & vegetable 10

CALAMARI & VEG

Golden brown calamari, peppers, cornichons, curry aioli & cocktail sauce 11

SOUP O' THE DAY

Chef's daily creation Cup 3.75 | Bowl 6

SALADS

CHOPPED

Romaine, kale, chicken, bacon, grilled onions, grape tomatoes, cheese curds, fried soft boiled egg, Dijon vinaigrette & a drizzle of creamy shallot dressing 14

AHI TUNA*

Rare seared tuna, farro, kumato tomato, green beans, edamame, grilled onion, arugula, pistachios & habanero vinaigrette 14.75

STEAK

Tenderloin skewers, spinach, tomatoes, grilled asparagus, creamy fingerling potato salad & spiced almonds 15

BERRIES & BRIE

Mixed greens, spiced almonds, sweet croutons, fresh & pickled berries, brie cheese & poppy seed dressing 11
ADD CHICKEN, TOFU 4.50, SALMON, TUNA* OR STEAK 6

QUINOA

Sweet potatoes, capers, spinach, avocado, bell peppers, broccoli, basil & lime vinaigrette 11.50
ADD CHICKEN, TOFU 4.50, SALMON, TUNA* OR STEAK 6

SOUP & SALAD

Choice of soup; mixed greens or Caesar salad 11
ADD CHICKEN, TOFU 4.50, SALMON, TUNA* OR STEAK 6

CAESAR

Romaine, croutons, grape tomatoes & parmesan 9.50
ADD CHICKEN, TOFU 4.50, SALMON, TUNA* OR STEAK 6

THE LOCAL SPECIALTIES

FISH & CHIPS

Beer battered North Atlantic Cod, chips & tartar sauce 15.75

CORNER BEEF & CABBAGE

Slow roasted corn beef, braised cabbage, carrots, potatoes in a parsley sauce 15

CHICKEN PUB PIE

Roasted chicken, tarragon cream sauce, seasonal vegetables, topped with a pie crust, wee greens 14.50

PUB POT ROAST

Braised beef, carrots, mushrooms, cipollini onions, mashed potatoes 18

MAC & CHEESE

Gobetti pasta, four cheeses, bell peppers, peas & parmesan breadcrumbs, with a wee greens salad 12
ADD BLACKENED CHICKEN 4.50, STEAK 6

STEAK & MUSHROOM PIE

Braised beef, mushrooms, mashed potato crust, wee greens 16

PUNJAB GLORY

House curry, chickpeas, spinach, onions, red & green bell peppers, cauliflower & basmati rice
VEGETARIAN 12.50 | WITH CHICKEN 15.50

BURGERS & SANDWICHES

**CHOICE OF MIXED GREENS, FRIES, MASHED POTATOES & GRAVY OR CUP OF SOUP
SUBSTITUTE SWEET POTATO FRIES 1.50, ADD BACON 2.00**

REUBEN OR RACHEL

Slow roasted corned beef or turkey, sauerkraut, Tillamook Swiss cheese, thousand island on caraway rye 13.50

CHICKEN SANDWICH

Honey whiskey glazed chicken breast, pepper jack cheese, bacon, tomato, lettuce, onion 13.50

CARA CLUB

Candied bacon, pulled turkey, spinach, tomato & mayonnaise on toasted ciabatta 13.50

VEGGIE LUCY BURGER

Quinoa, wild rice & vegetable patty stuffed with (or without) Havarti cheese, topped with basil aioli, onion, tomato & avocado on multi-grain bun 13.50

MINNESOTA BURGER

Angus beef from Revier Cattle Company in Olivia, MN, Caves of Faribault Fini cheddar, lettuce, tomato, onion & pickles 13.50

VINCENT BURGER

Stuffed with braised short rib and smoked gouda, with gherkin sauce, tomato, lettuce & onion on an egg bun 15

BISON BURGER

From Silver Bison Ranch in Baldwin, Wisconsin, sharp cheddar, red onion, grilled tomato, pickles, shredded lettuce, garlic aioli 15

POT ROAST SANDWICH

Roast beef, Havarti, pickled vegetables & fresno pepper aioli on ciabatta 14

WALLEYE SANDWICH

Lightly breaded, lettuce, tomato on a toasted hoagie 15

 **Cara Irish Pubs Featured Item**

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a certain medical conditions. All items marked with an asterisk (*) contains raw or undercooked ingredients

the Local
